

Head Start Alignment

✓ ParentPowered meets the highest level of evidence for research-based parenting curricula

ParentPowered meets the highest level of evidence for parenting curricula as defined by the Office of Head Start’s National Center on Parent, Family, and Community Engagement. It’s listed under both Group-Based and Home-Based delivery in the Parenting Curricula Databases located on the Early Childhood Learning and Knowledge Center (ECLKC) website.

The databases assist Head Start and Early Head Start programs in choosing a parenting curriculum to meet Head Start Program Performance Standards, specifically 45 CFR §1302.51.

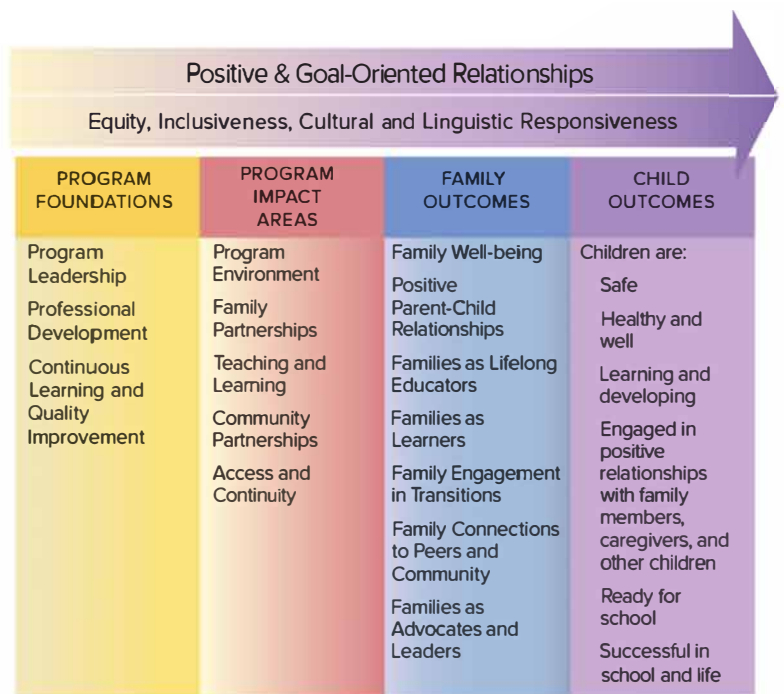
Across a series of randomized controlled trials led by ParentPowered’s founder Dr. Ben York and Stanford University researchers, the Ready4K approach, which is the foundation of the ParentPowered curricula, has been shown to increase parental involvement at home and school, driving 2 to 3 months of learning gains (York & Loeb, 2018; Cortes, Fricke, Loeb & Song, 2018; Doss, Fahle, Loeb & York, 2018; Cortes, Fricke, Loeb, Song & York, 2019).

✓ ParentPowered supports the Head Start Parent, Family and Community Engagement Framework

ParentPowered empowers families with the information and emotional support to act as their child’s first and most important teacher.

Our continuous birth-to-12th grade, whole child curriculum promotes family well-being, positive relationships, child transitions, and involvement at school, supporting families as lifelong learners and leaders.

Programs can also use the ParentPowered platform to link families to community events and resources.



✓ ParentPowered is aligned with the Head Start Early Learning Outcomes Framework

ParentPowered addresses each of the Central Domains in the Early Learning Outcomes Framework, and content is available in multiple languages. Please see sample ParentPowered messages in each Domain on the back.

	Central Domains				
	Approaches to Learning	Social and Emotional Development	Language and Literacy	Cognition	Perceptual, Motor, and Physical Development
Infant / Toddler Domains	Approaches to Learning	Social and Emotional Development	Language and Communication	Cognition	Perceptual, Motor, and Physical Development
Preschooler Domains	Approaches to Learning	Social and Emotional Development	Language and Communication	Mathematics Development	Perceptual, Motor, and Physical Development
			Literacy	Scientific Reasoning	

ParentPowered Sample Messages



Head Start Early Learning Outcomes Framework- Central Domains

	Approaches to Learning	Social and Emotional Development	Language and Literacy	Cognition	Perceptual, Motor, and Physical Development
FACT Monday	FACT: When children repeat directions out loud before they follow them, they have an easier time doing tasks all on their own. That's independence!	FACT: Children are excited to learn all about themselves. The more they learn, the more self-esteem and confidence they have to thrive in school.	FACT: Asking your child questions throughout the day builds their language skills. Language skills help kids read, write, talk, and understand others.	FACT: When children count objects 1-by-1 they learn that we count to find out "how many." This is a big step towards learning harder math skills.	FACT: Children are naturally active. They love to run, kick & throw. When you get active every day you help them develop the muscles to grow & thrive.
TIP Wednesday	TIP: While cooking, ask your child to set cups and napkins on the table. Before they begin, list the steps and ask your child to echo them back to you.	TIP: In the morning, look in the mirror together and take turns naming your child's qualities: You have brown eyes, you are kind, you are smart, you are fast.	TIP: Start your day with a silly question. In the morning, ask, "If you could ride an animal to school, what would you pick? Why?" Share your answer too!	TIP: As you do laundry, count the socks 1-by-1 with your child. When you're done, ask: "How many socks did we put in the wash all together?" Give a high five!	TIP: Move like animals all day. Can your child slither out of bed like a snake? Waddle to the bathroom like a penguin? Stretch like a giraffe as they dress?
GROWTH Friday	GROWTH: Keep building independence! Now celebrate your child after they have completed the task: "You set the table all on your own. Tell me how you did it!"	GROWTH: Keep helping your child learn about themselves! As you look in the mirror, share things about your family like where you live and traditions you share.	GROWTH: Keep asking questions to build language skills! After school, ask about your child's day. You can ask: "What's one fun thing that happened at school today?"	GROWTH: Keep counting everyday objects. Now see if your child can count the shirts all on their own as you put them away. If they need help, count together.	GROWTH: Keep moving. Now get super active. Head outside & run like different animals. Need to stay inside? Try a dance party. Aim to stay active for 30 minutes.